



Wigston Academy

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Advice to All Parents - Single case

Dear Parents,

We have been advised by Public Health England that there has been a single confirmed case of COVID-19 within the school.

We understand that this may be worrying news for you and our students but we want to reassure you that we are working closely with PHE and, as we have been throughout the Covid crisis, we are closely following and implementing their advice. Our immediate thoughts are to wish our student a speedy recovery.

This letter is to inform you of the current situation and provide advice on how to support your child. Please be reassured that for most people coronavirus (COVID-19) will be a mild illness.

The small number of children who have been in direct prolonged contact with the confirmed case will have received an individual letter and will be staying at home for the isolation period.

The school remains open and your child should continue to attend if they remain well.

What to do if your child develops symptoms of COVID 19

If your child develops symptoms of COVID-19, they must not come to school and should remain at home for at least **10 days** from the date when their symptoms appeared. Anyone with symptoms will be eligible for testing and this can be arranged via <https://www.nhs.uk/ask-for-a-coronavirus-test> or by calling 119.

All other household members who remain well must stay at home and not leave the house for 14 days. This includes anyone in your 'Support Bubble'.

Further information is available at: <https://www.gov.uk/government/publications/covid-19-stay-at-home-guidance/stay-at-home-guidance-for-households-with-possible-coronavirus-covid-19-infection>

The 14-day period starts from the day when the first person in the house became ill.

Household members should not go to work, school or public areas and exercise should be taken within the home.

If you require help with buying groceries, other shopping or picking up medication, or walking a dog, you should ask friends or family. Alternatively, you can order your shopping online and medication by phone or online.

Household members staying at home for 14 days will greatly reduce the overall amount of infection the household could pass on to others in the community.

If you are able, move any vulnerable individuals (such as the elderly and those with underlying health conditions) out of your home, to stay with friends or family for the duration of the home isolation period.

Symptoms

The most common symptoms of coronavirus (COVID-19) are recent onset of:

- a new continuous cough and/or
- a high temperature and/or
- a loss of, or change in, your normal sense of taste or smell (anosmia)

For most people, coronavirus (COVID-19) will be a mild illness.

If your child does develop symptoms, you can seek advice from the nhs.uk website at <https://www.nhs.uk/conditions/coronavirus-covid-19/check-if-you-have-coronavirus-symptoms/>. If you are concerned about your child's symptoms, or they are worsening you can seek advice from NHS 111 at <https://111.nhs.uk/> or by phoning 111.

How to stop COVID-19 spreading

There are things you can do to help reduce the risk of you and anyone you live with getting ill with COVID-19

Do

- wash your hands with soap and water often – do this for at least 20 seconds
- use hand sanitiser gel if soap and water are not available
- wash your hands as soon as you get home
- cover your mouth and nose with a tissue or your sleeve (not your hands) when you cough or sneeze
- put used tissues in the bin immediately and wash your hands afterwards

Further Information

Further information is available at <https://www.nhs.uk/conditions/coronavirus-covid-19/>

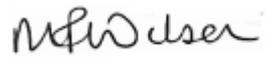
Work will be set for your child to complete whilst self-isolating via Satchel-One.

We appreciate that this will be difficult news for many of you and you will naturally have questions that you wish to be answered. To place our situation in context, we are one of over a dozen schools in the county who have had a confirmed case. We wish to assure you we are

doing all we can to follow PHE guidance and ensure we mitigate the risk as far as we reasonably can.

Thank you in advance for your support in this matter, as always if you have any questions or queries please contact us.

Yours faithfully,

A handwritten signature in black ink, appearing to read 'M Wilson', written in a cursive style.

Mr M Wilson
Headteacher
Wigston Academy
Wigston College